



成品尺寸 :85×85mm 展开尺寸 :170×85mm 材质 :80g 白色书纸 © jiangxiaolin 20260409

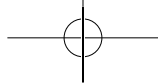
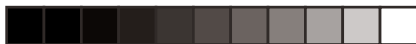


breco. YS1

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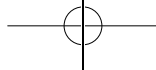
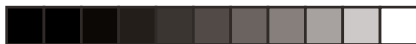


SIMPLY RELAX



Content

Precautions	4
Product configuration	7
Features	8
Product Operation	9
Troubleshooting	17
Product Disposal Requirements	17
Protect	19
Product Specifications	20

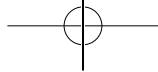
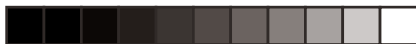


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PRECAUTIONS

Attention

1. Please read the instructions carefully and do not use this product continuously for a long time to prevent muscle pain caused by excessive massage.
2. Do not use when lying flat or half lying down.
3. Do not use this product during precise operation or driving.
4. Do not use if you have undergone surgery on the massaged part or have skin damage, redness, inflammation, congestion and other symptoms.
5. People with heart disease or medical history, acute disease patients, skin disease patients, malignant tumor patients, bleeding tendency and other blood diseases, osteoporosis, soft tissue diseases, stroke and other physical abnormalities should not use.
6. Do not use it if you have slow movement, physical and mental discomfort or intellectual disability. If you need to use it, please follow the doctor's advice.
7. Pregnant women and menstrual period are not recommended to use the massager. If you need to use it, please follow the doctor's advice.
8. When storing the product, please pay attention to placing it in a place where children are not easy to reach.
9. Children under the age of 8 are prohibited from using it, and children aged 8-12 must use it under the guidance and care of their parents or someone with supervisory ability.
10. Do not scratch or stab this product with sharp objects.



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11. This appliance is not intended for use by persons (including children) with reduced physical, sensory or mental capabilities, or lack of experience and knowledge, unless they have been given supervision or instruction concerning use of the appliance by a person responsible for their safety.
12. Children should be supervised to ensure that they do not play with the appliance.
13. It must only be supplied at safety extra low voltage corresponding to the marking on the appliance.

Caution

1. This product is not a medical device, and not suitable for diagnosis, treatment and other commercial purposes.
2. Before use, please remove the jewelry on the massaged part or other items that may affect the massage.
3. During use, if there is pain or discomfort in the massage area, please stop using it.
4. When using, if the product is abnormal, please shut down immediately, cut off the power supply and contact the customer service hotline, do not disassemble or repair by yourself.
5. The massage area has a heating surface, people who are not sensitive to heat need to pay attention when using it.
6. When using in other specific environments, please comply with safety regulations.

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Product Protection

1. Please use the charging cable configured by our company to charge the product with a standard adapter, and pay attention to the safety of electricity use.
2. Please keep this product away from water, fire and corrosive environment.

Necessary Knowledge

*About frequency of use

1. Use as needed, within 10 minutes at a time. It is recommended to take a proper rest before use after one use.
2. If overused, it may cause physical discomfort and skin injury.
3. Therefore, when you use it for the first time, you need to observe your physical condition and skin changes, and try to shorten the use time as much as possible.

*Cautions Before Use

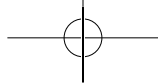
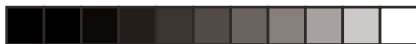
1. When using this product, please take a personal comfortable posture and completely relax your body.
2. If you feel pain or discomfort on the skin, please stop using it and seek medical attention immediately.

*State After Use

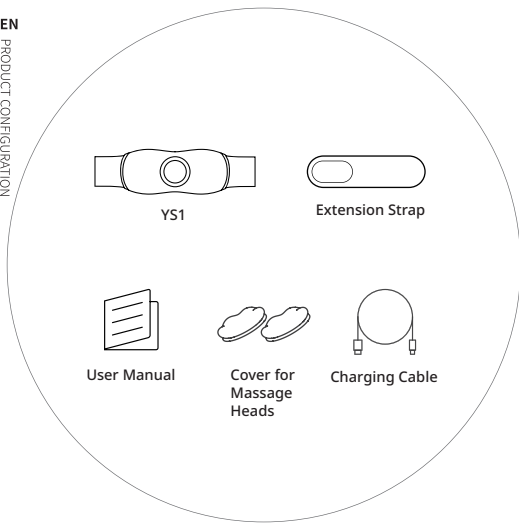
After long-term massage, the massage area may feel red and hot while feeling comfortable, which is normal.

*Cleaning

If you need to clean the appearance, you can use a rag dipped in water or 75% alcohol to wipe the smooth surface, do not use water to rinse.

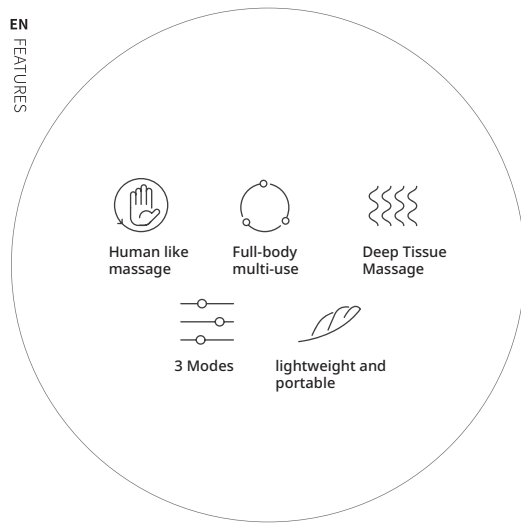


EN PRODUCT CONFIGURATION

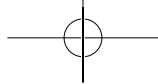


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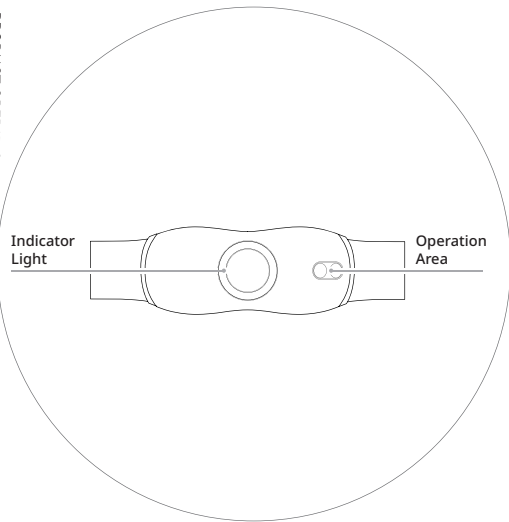
EN FEATURES



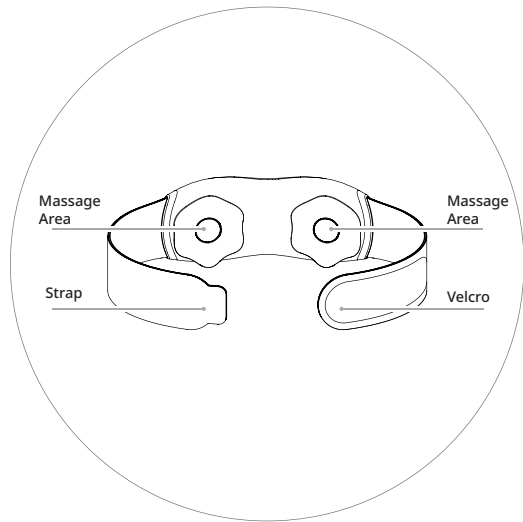
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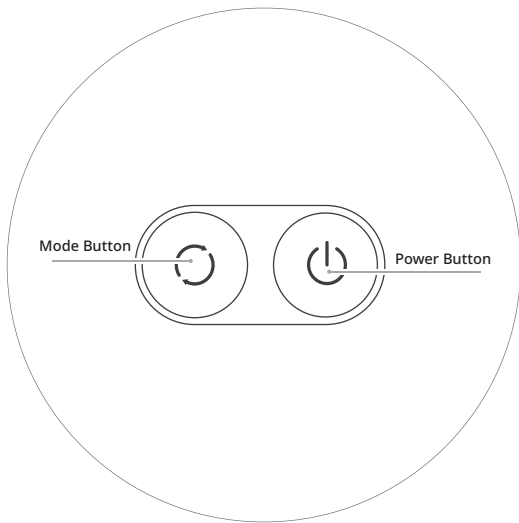
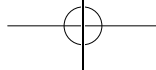
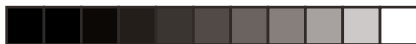
PRODUCT OPERATION



9



10



11

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Proper Usage Instructions

This product must not be used while charging.
After charging is complete, disconnect the power adapter before use.

Before Use

Please check whether the product and its accessories are complete and free from damage.

Power On

Press and hold the Power Button for 2 seconds to turn on the device.

Mode Selection

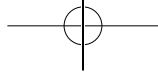
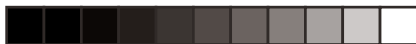
After powering on, short press the Mode Button to switch modes.

1. Gentle Abdominal Mode (recommended for abdomen): Dual massage heads rotate slowly in opposite directions.
2. Waist Activation Mode (recommended for lower back): Dual massage heads rotate at medium speed.
3. Deep Tissue Mode (recommended for hips): Dual massage heads rotate at high speed. When running without load, the device operates at medium speed and automatically increases to high speed after being worn.
4. Modes cycle in sequence.

Timer Function

Built-in smart timer of 10 minutes. The device will automatically shut off after the session.

12



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Indicator Lights

1. Indicator Light ON: Device is operating normally.
2. Gentle Abdominal Mode: Yellow Indicator Light stays on.
3. Waist Activation Mode: Orange Indicator Light stays on.
4. Deep Tissue Mode: Orange-red Indicator Light stays on.

Mode switching is accompanied by audible prompts:

- 1 beep for Gentle Abdominal Mode
- 2 beeps for Waist Activation Mode
- 3 beeps for Deep Tissue Mode

Power Off

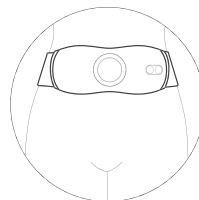
Auto Shut-off: Device turns off automatically after 10 minutes.
Manual Shut-off: Press and hold the Power Button for 2 seconds.

Wearing Instructions

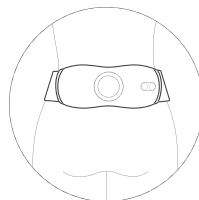
1. Choose whether to use the extension strap based on your needs.
2. Wear the device on the desired body area, adjust the angle and tightness, and secure it with the hook-and-loop fastener.
3. Suitable for use on the abdomen, hips, lower back, and other large muscle groups (as illustrated).
4. Press and hold the Power Button for 2 seconds. The device will start after a beep.

Note:

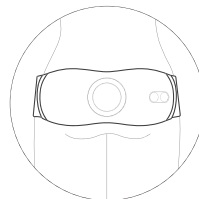
1. Do not wear the device too tightly.
2. Do not use the massage heads directly on bare skin, always install the fabric cover before use.



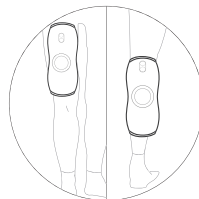
Abdomen



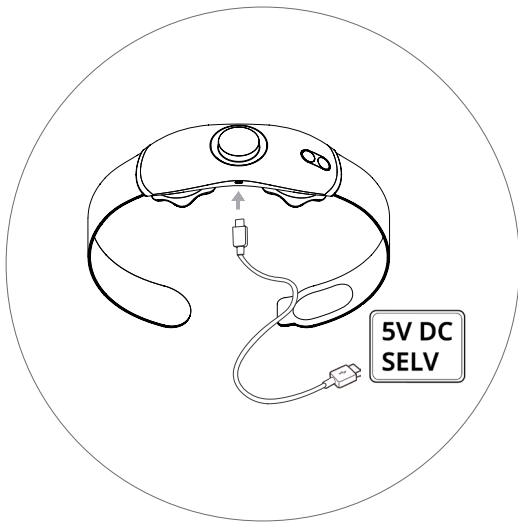
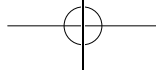
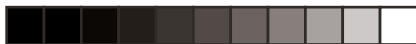
Lower Back



Hip



Leg



15

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Charging Instructions

Use the provided charging cable to connect the product to a 5V DC SELV power source; the device cannot be used while charging and will automatically stop operating when connected to power for safety protection.

Charging Indicators:

1. Breathing red light: Charging in progress
 2. Solid yellow light: Fully charged
- Slight warming of the device and adapter during charging is normal.

Charging Time

1. Approx. 3–4 hours.
2. The device cannot operate while charging. If charging during operation, the device will activate its protection mechanism and stop automatically.

Battery Level

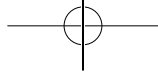
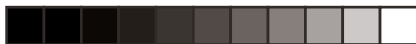
When battery is low, the indicator flashes red. Please recharge before use.

After Charging

Disconnect the power adapter and unplug the USB cable from the device.

Note: Slight heating during charging is normal.

16



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TROUBLESHOOTING

Troubleshooting

If there is a failure during operation, please check the following. If the fault cannot be rectified or the product still cannot operate satisfactorily, please cut off the power supply and have it repaired by professional technicians. Do not disassemble the product by yourself!

Problems	Possible Causes	Methods
Fail to power on	Low battery	Please charge it in time.
Intensity is too weak	Low battery	Please charge it in time.

17

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PRODUCT DISPOSAL REQUIREMENTS

Notice:

- Before disposing of this product, the battery must be removed as required by regulations;
- When removing the battery, the product must be powered off;
- Batteries should be disposed of safely in accordance with laws and regulations.

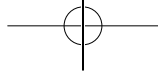
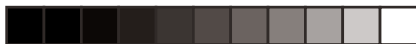


Non-professionals do not disassemble by themselves!

Steps to Remove the Battery:

1. Cut off the external power supply and remove the product shell;
2. Unplug the power supply on the battery;
3. Disassemble the battery;
4. Please place waste batteries at a fixed recycling point;
5. Please abide by the local environmental protection laws and disposal guidelines, and care for the environment.

18



EN Storage

When the storage period exceeds 3 months, the device should be checked out of the box and recharged before use. Do not place it close to the ground, walls and roofs. The room should be well ventilated to avoid strong sunlight and corrosive gas erosion.

Transportation

The product packaging is equipped with simple shockproof facilities, which are suitable for air, railway, road and ship transportation. Rain, snow, splashing, inversion and collision should be avoided.

Power Check

Check the power supply, if the power supply voltage exceeds the specified range, do not start the machine for use.

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PRODUCT SPECIFICATIONS

Product Name	Breo Back and Abdomen Massager
Model	YS1
Rated Voltage	5V ---
Rated Power	15W
Battery Capacity	2000mAh
Net Weight	890g
Product Dimension:	L1120xW105xH85(mm)
Place of Production :	China

Shenzhen Breo Technology Co.,Ltd

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