

成品尺寸 :85×85mm 展开尺寸 :170×85mm 材质 :70g 白色书纸



breco Back 5 Lite

Designed by Breco. Made in China. Shenzhen Breco Technology Co.,Ltd.
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SIMPLY RELAX

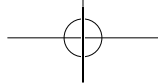
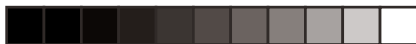
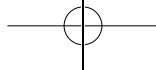


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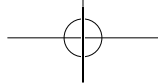
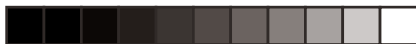
Precautions

Prohibitions

1. Please read the instructions carefully and do not use this product on the same part for a long time to prevent skin damage and muscle pain caused by excessive massage.
2. Do not use this product during precision operation or driving.
3. Do not use if the massage part has undergone surgery, or if there are skin injuries, swelling, inflammation, congestion and other discomfort symptoms.
4. Do not use if you have heart disease or medical history, acute disease, skin disease, malignant tumor, bleeding tendency and other blood diseases, osteoporosis, soft tissue disease, stroke and other physical abnormalities.
5. Do not use if you have slow movement, physical and mental function discomfort or intellectual disability. If you need to use it, please follow the doctor's advice.
6. It is not recommended to use the massager during pregnancy and menstruation. If you need to use it, please follow the doctor's advice.
7. Please store the product in a place where children cannot easily reach.
8. Children under 6 years old are prohibited from using it. Children aged 6-12 must use it under the guidance and care of their parents or supervisory persons.

Notes

1. This product is a household electronic health product and cannot replace medical equipment. It is not suitable for diagnosis, treatment and other commercial purposes.
2. Before use, please remove the jewelry or other items that may affect the massage area.
3. During use, if there is pain or discomfort in the massage area, please stop using it.
4. During use, if the product has any abnormal phenomenon, please turn it off immediately, cut off the power supply and contact customer service. Do not disassemble and repair it by yourself.
5. The device has a heating surface. People who are not sensitive to heat need to pay attention when using it.
6. When using it in other specific environments, please comply with safety regulations.
7. Please use a charging device that matches the product input voltage to charge the product, and pay attention to electrical safety. It is recommended not to mix with other charging devices.
8. Please keep this product away from water, fire and corrosive environments.



Prior knowledge

※ About using frequency

1. Use as needed, 10 minutes at a time. It is recommended to use it again after a proper interval.
2. Excessive use may cause physical discomfort and skin injury.
3. Therefore, when using it for the first time, you need to observe your physical condition and skin changes and try to shorten the use time.

※ Note before use

1. When using this product, please take a comfortable posture and relax your body completely.
2. If you feel pain or discomfort on your skin, please stop using it and seek medical attention immediately.

※ About the state after use

The massage area may be red and hot for a short time, which is normal and will recover after a period of time.

※ Product cleaning

If you need to clean the appearance, wipe it with a soft dry cloth. Do not rinse or wipe it with water.

Inside the box



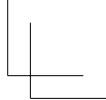
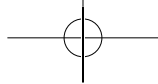
Host



User Manual



Charging Cable



Product Features



Dynamic
Massage



40-45°C
Heating



Waist and
Back
Integrated



Wireless and
Portable

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Product Parts

Massage Area

Heating Area

Power Button

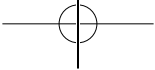
Mode Button

Heating /
Speed Button

Power Port

Indicator
Light

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Correct Usage

Preparation Before Use

Please check whether the product and accessories are complete and damaged.

*Product Startup

Press and hold the [Power Button] for 2 seconds to turn on the product.
The default mode is 1 after power on.

*Mode Selection

After power on, short press the [Mode Button] to switch modes.

Mode 1: Full area massage

Mode 2: Upper area massage

Mode 3: Lower area massage

Mode 4: Pure heating mode

*About Fixed Point Massage

Short press the [Power Button] to massage any fixed point.

Short press the [Power Button] again to resume dynamic massage.

* About Heating

Hot compress is turned on by default when the product is turned on.

Short press the [Heating / Speed Button] to turn off hot compress.

*About Speed

The default speed is low when the machine is turned on.

Long press the [Heating / Speed Button] to adjust the speed.

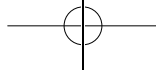
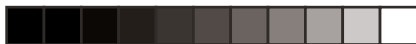
*Timing Function

Intelligent timing for 10 minutes, then the power is automatically cut off.

*Product Shutdown

Automatic shutdown: After 10 minutes of cumulative use, the product shuts down.

Manual shutdown: Long press the power key for ≥ 2 s to shut down the product.



Product Operation

Charging Method

1. This product cannot be used while charging. Please unplug the power adapter after charging is completed.
2. Insert the Type-C charging cable plug into the Type-C port of the host.
3. Plug the other end of the Type-C charging cable into the rechargeable USB port or connect the adapter and plug it into the socket to charge the host.
4. When the product is charging, the charging indicator light is always red; when charging is completed, the charging indicator light is always green.

Charging Time

The charging time is about 3~4 hours. The product does not support power-on work during charging. When charging in the working state, the product starts the self-protection program and automatically stops working.

Battery Indicator

When the battery is low, the indicator light will flash red. Please charge before continuing to use.

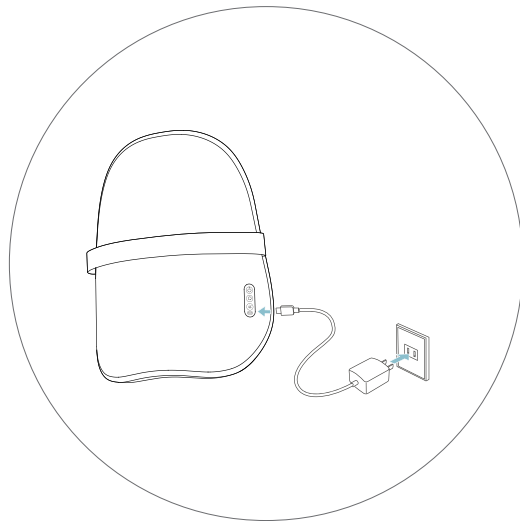
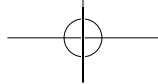
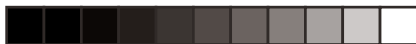
Battery Indicator

When the battery is low, the indicator light will flash red. Please charge before continuing to use.

After Fully Charged

After charging is complete, unplug the power adapter and remove the USB plug from the console.

※ It is normal for the host and power adapter to heat up slightly during charging.



Troubleshooting

If a fault occurs during operation, please perform the following checks. If the fault cannot be eliminated or the product still does not operate satisfactorily, please cut off the power supply and have it repaired by a professional technician. Do not disassemble the product yourself!

Basic faults	Possible causes	Basic troubleshooting methods
Cannot turn on	Battery power is low	Please charge in time
Weak massage force	Battery power is weak	Please charge in time
The massage area is not heated	The heating mode is not turned on	Please turn on the heating mode

If the problem still cannot be solved after troubleshooting, please call the customer service hotline: +1 800-863-3189

Product Disposal Requirements

Note:

- Before discarding this product, the battery must be removed as required by law;
- When removing the battery, the product must be powered off;
- The battery should be disposed of safely in accordance with laws and regulations.



Non-professionals are not allowed to disassemble it by themselves!

Steps for Removing the Battery:

1. Cut off the external power supply and remove the product casing;
2. Unplug the power supply from the battery;
3. Remove the battery;
4. Please place the discarded batteries at a designated recycling point;
5. Please comply with local environmental protection laws and disposal guidelines and protect the environment.

Protection

Storage

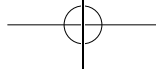
When the storage period exceeds 3 months, the product should be unpacked and recharged before use. Do not place it close to the ground, wall or roof. The room should be well ventilated to avoid strong sunlight and corrosive gas erosion.

Transportation

The product packaging is equipped with simple shockproof facilities, suitable for aviation, railway, road and ship transportation, and should be protected from rain, snow splashing, inversion and collision.

Power Supply Check

Check the power supply. If the power supply voltage exceeds the specified range, it must not be turned on for use.



Maintenance

Take moisture-proof, rodent-proof and pollution-proof measures. Cleaning should be done with the device turned off. After use, the instrument should be placed in a safe place, and do not place heavy objects on the instrument. When a fault occurs, ask professional technicians to repair it. Non-professionals should not disassemble and assemble the product by themselves.

Disposal and Recycling

This product should not be discarded with household waste. When you decide to dispose of this product, please dispose it in accordance with local environmental laws and guidelines.

FCC Statement

This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions:

- (1) this device may not cause harmful interference, and
- (2) this device must accept any interference received, including interference that may cause undesired operation.

Product Information

Product Name	Breo Back Massager
Product Model	Back 5 Lite
Rated Voltage	5V=
Rated Power	10W
Battery Capacity	1800mAh
Product Weight	1950g
Product Size	L387 x W123 x H467 (mm)
Country of Origin	Made in China

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